



Health Problems Series

Asthma

Name:

Date:

Asthma Pamphlet

Instructions: Cut out your pamphlet and fold it in the middle. Use all four pages: Write basic facts about asthma and flare-ups on page 1; avoiding triggers on page 2; asthma medicines on page 3; and questions and answers on page 4.

A large rectangular area defined by a dashed border, intended for writing the content of the asthma pamphlet. The area is divided into two equal halves by a solid vertical line down the center.