



Tester: _____

Taster: _____

Date: _____

Taste Testers

Instructions: One partner is the tester and the other is the taster. Once the taster is blindfolded, the tester will get the four foods in paper cups from the teacher and fill in the first column, listing each food. The taster will try each food, tell the tester about the flavor (“salt,” “sweet,” “bitter,” or “sour”), then try to name each food. [Note to instructor: Make sure no one is allergic to any of the foods and that everyone washes their hands before starting this activity. Only the teacher needs to directly touch the foods, putting each food or a squeeze of lemon or lime juice into paper cups.]

Tester	Taster	
Food	Salty, sweet, bitter or sour	Name that food
1		
2		
3		
4		

