



Names: _____

Date: _____

Signs of Depression

Instructions: Read the TeensHealth.org article “Depression” then list at least 10 signs or symptoms of depression. Use these notes to create your poster or infographic. Be sure to include this statement at the bottom of your poster or infographic: “If you are experiencing five or more of these symptoms, it’s time to reach out for help or support.” Use pictures from magazines or the Internet, clip art, or original drawings to decorate the poster or infographic.



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