



Name: _____

Date: _____

Raise a Red Flag

Instructions: Read the list of relationship situations. After each one, raise your red flag if you think the behavior is concerning in any way.

Your partner:

1. Says "I love you"
2. Lies to you about where he or she is going
3. Gets jealous if you talk to someone else
4. Constantly accuses you of cheating when you haven't
5. Asks what you want to do on the weekend
6. Makes an effort to get to know your friends and family
7. Cheers you on at games or recitals
8. Puts you down
9. Understands that no means no
10. Makes decisions for you
11. Compliments you
12. Seems obsessed with you
13. Blames you for things that go wrong
14. Says "no one else would ever want to be with you"
15. Makes you laugh when you're sad
16. Criticizes you
17. Breaks things in anger
18. Wants to know where you are at all times
19. Pressures you to do things you don't want to do
20. Respects your opinions
21. Makes you feel guilty for having outside interests
22. Threatens you when you don't do what he or she says
23. Tracks you down when he or she can't find you
24. Expects you to stop seeing your friends
25. Calls you names
26. Pushes you around
27. Is proud when you succeed
28. Thinks your interests are stupid
29. Tells you that you're lucky to have him or her
30. Hits you

