



Name: \_\_\_\_\_

Date: \_\_\_\_\_

## Quiz

Instructions: Answer each question.

- Which system of the body makes a mistake when you have a food allergy?
  - respiratory
  - immune
  - endocrine
  - nervous
- Describe the mistake your body makes when you have a food allergy.  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
- List three signs of an allergic reaction:
  - \_\_\_\_\_
  - \_\_\_\_\_
  - \_\_\_\_\_
- True or false: A person can have an allergic reaction to a food an hour after the food has been eaten.
- Which of the following is the name for a sudden, severe allergic reaction that involves many systems of the body?
  - antibody
  - histamine
  - anaphylaxis
- True or false: Kids always grow out of all of their food allergies as they get older.
- An \_\_\_\_\_ is a doctor who specializes in allergies.
- What's the best way to deal with a food allergy? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
- For serious allergic reactions, people may need a shot of \_\_\_\_\_.
  - epinephrine
  - histamine
  - orange juice
- \_\_\_\_\_ are itchy red bumps or slightly raised patches of skin that can be the result of an allergic reaction.