

Walk the Plank

Instructions: Cut out each movement. Fold each slip of paper and place it in your treasure chest. Make your plank by taping a straight line with masking tape on the floor. Ahoy, matey – now you’re ready for your pirates! One by one, your students can pull a movement out of the treasure chest and walk the plank in the manner described. At the end of the plank, encourage each pirate to jump into the ocean and swim back over to the rest of the pirates to wait for another turn. Shiver me timbers, that’s fun!

walk

run

kick

hop

skip

jump

balance

march

tiptoe

walk backward

stomp

spin

dance

shuffle