



Which Way Do I Go?

Instructions: Pick four different directions to write on the signs below, like forward, backward, sideways, left, or right. Cut out the signs and tape a drinking straw to the back. Pick a partner and decide who will move first and who will hold up signs first. The mover will pick a movement, like skipping, hopping, galloping, or sliding, and get moving. The signer will hold up signs, changing the direction of the mover's movement as often as he or she likes.

