



## Roll Through the Digestive System! Game Board

Instructions: First, you and a friend should choose playing pieces and place them on the start line. Take turns rolling the die. After rolling, move that number of spaces. Follow the directions on the space where you land. The first player to travel all the way through the digestive system to the finish line is the winner!

start

mouth

That big bite is hard to chew. Move back 1 space.

You swallowed your food. Move ahead 1 space.

esophagus

Your muscles work hard to push the food through. Roll again.

small intestine

Your stomach is having a tough time breaking down your food. Move back 2 spaces.

stomach

Your body gets lots of nutrients from your food. Roll again.

large intestine

Your high-fiber meal helps your food move easily. Move ahead 2 spaces.

Your body is ready to get rid of the waste. Move ahead 1 space.

finish