

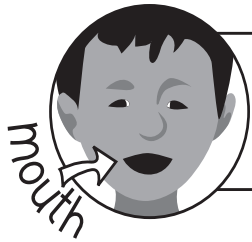


Name: \_\_\_\_\_

Date: \_\_\_\_\_

## Lunch to Go

Instructions: Use this flowchart to show how a food goes from being an item on a plate to energy for your life. In the spaces provided, write one sentence about what happens at each location.



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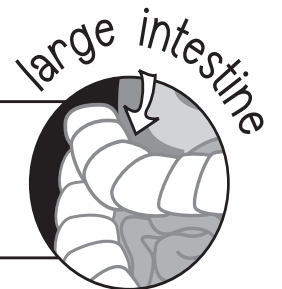
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