



Name:

Date:

Hidden Ingredients

Instructions: Use the articles at KidsHealth and the questions below to examine three food labels for products that might trigger food allergies. Then determine whether someone with food allergies could eat those products. Be sure to include your labels with your work.

1 Name of product:

Ingredients that would pose a threat to someone with food allergies:

2 Name of product:

Ingredients that would pose a threat to someone with food allergies:

3 Name of product:

Ingredients that would pose a threat to someone with food allergies:
