



Name: _____

Date: _____

Quiz

Instructions: Answer each question.

1. What's another term for a person's airways?

- a. tracheas
- b. windpipes
- c. bronchial tubes
- d. bronchoconstriction

2. What do you call something that sets off an asthma flare-up? _____

3. A _____ attaches to an inhaler and holds asthma medication in place.

4. List three possible asthma triggers:

5. Describe what happens to a person's bronchial tubes during an asthma flare-up. _____

6. True or false: Asthma is contagious. _____

7. List three asthma symptoms:

8. A _____ is used to measure how well a person can blow air out of the lungs.

9. Which of the following is a substance that can cause an allergic reaction?

- a. peak flow meter
- b. allergen
- c. trachea
- d. asthma flare-up

10. Explain why smoking is bad for people with asthma. _____

