KidsHealth in the Classroom

Personal Health Series

Food Safety

Name:

Date:

Grocery Shopping 101

Instructions: Create a guide to help grocery shoppers keep an eye on safety when selecting which fruits, veggies, and meats to buy. Also, offer tips for storing the foods at home.

At the Store

At Home

© 2006 The Nemours Foundation/KidsHealth. Reproduction permitted for individual classroom use.