



Name: \_\_\_\_\_

Date: \_\_\_\_\_

## Quiz

Instructions: Answer each question.

- \_\_\_\_\_ begins the process of breaking down food by making it moist and easy to swallow.
- True or false: Heartburn occurs when stomach acid moves into the heart.
- Gastric juices help break down food in the \_\_\_\_\_.
- The \_\_\_\_\_ is about 22 feet long and breaks down food into smaller nutrients that can be absorbed into the bloodstream.
- List two possible causes of diarrhea.  
\_\_\_\_\_  
\_\_\_\_\_
- The \_\_\_\_\_ protects us from choking by covering the windpipe and sending food down the esophagus.
- The \_\_\_\_\_ helps absorb water from undigested food and forms waste into a bowel movement.
- List two ways to prevent constipation.  
\_\_\_\_\_  
\_\_\_\_\_
- What is produced by the liver and helps the body absorb fats?
  - bolus
  - appendix
  - bile
  - colon
- List three ways to avoid indigestion.  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_