



## Answer Key

1. True or False: Cigarettes and smokeless tobacco kill hundreds of thousands of Americans every year.  T  F
2. List four problems that smoking can cause:  
Any four of the following: cancer, heart disease, bad breath, yellow teeth, smelly clothes, more colds and coughs, difficulty keeping up with friends when playing sports, empty wallet
3. Tobacco is a plant that can be smoked in cigarettes, pipes, and cigars.
4. Which of the following is the addictive chemical in cigarettes that causes a tingly feeling?
  - a. tobacco
  - b. nicotine
  - c. snuff
5. Smokeless tobacco is also known as chew, dip, or chewing tobacco.
6. What does it mean to be addicted to something?  
If you're addicted to something, it's very hard to stop doing it, even if you want to. When you are addicted to something, your body and mind become so used to it that you need to have it just to feel okay.
7. List two reasons you could give a friend for why she should stop smoking.  
Any two of the following: it will hurt her health, it will make her breath stinky, it will turn her teeth yellow, it will give her less endurance when playing sports, it's expensive, it's illegal to buy cigarettes when she's underage
8. True or False: The longer a person smokes, the worse the damage is to the body.  T  F
9. Which of the following diseases can be caused by smoking?
  - a. heart disease
  - b. cancer
  - c. both a and b
  - d. neither a nor b
10. Describe how a person might feel the first time they smoke.  
When people try smoking for the first time, they often cough a lot and feel pain or burning in their throat or lungs. Many people feel sick to their stomachs or throw up.