



Name: _____

Date: _____

Quiz

Instructions: Answer each question.

- Which system of the body makes a mistake when you have a food allergy?
 - respiratory
 - immune
 - endocrine
 - nervous
- Describe the mistake your body makes when you have a food allergy.

- List three signs of an allergic reaction:
 - _____
 - _____
 - _____
- True or false: A person can have an allergic reaction to a food a few hours after the food has been eaten.
- Which of the following is the name for a sudden, severe allergic reaction that involves many systems of the body?
 - antibody
 - histamine
 - anaphylaxis
- True or false: Kids always grow out of all of their food allergies as they get older.
- An _____ is a doctor who specializes in allergies.
- What is the best treatment for a food allergy? _____

- For serious allergic reactions, people may need a shot of _____.
 - epinephrine
 - histamine
 - mast cells
- _____ are itchy red bumps or slightly raised patches of skin that can be the result of an allergic reaction.