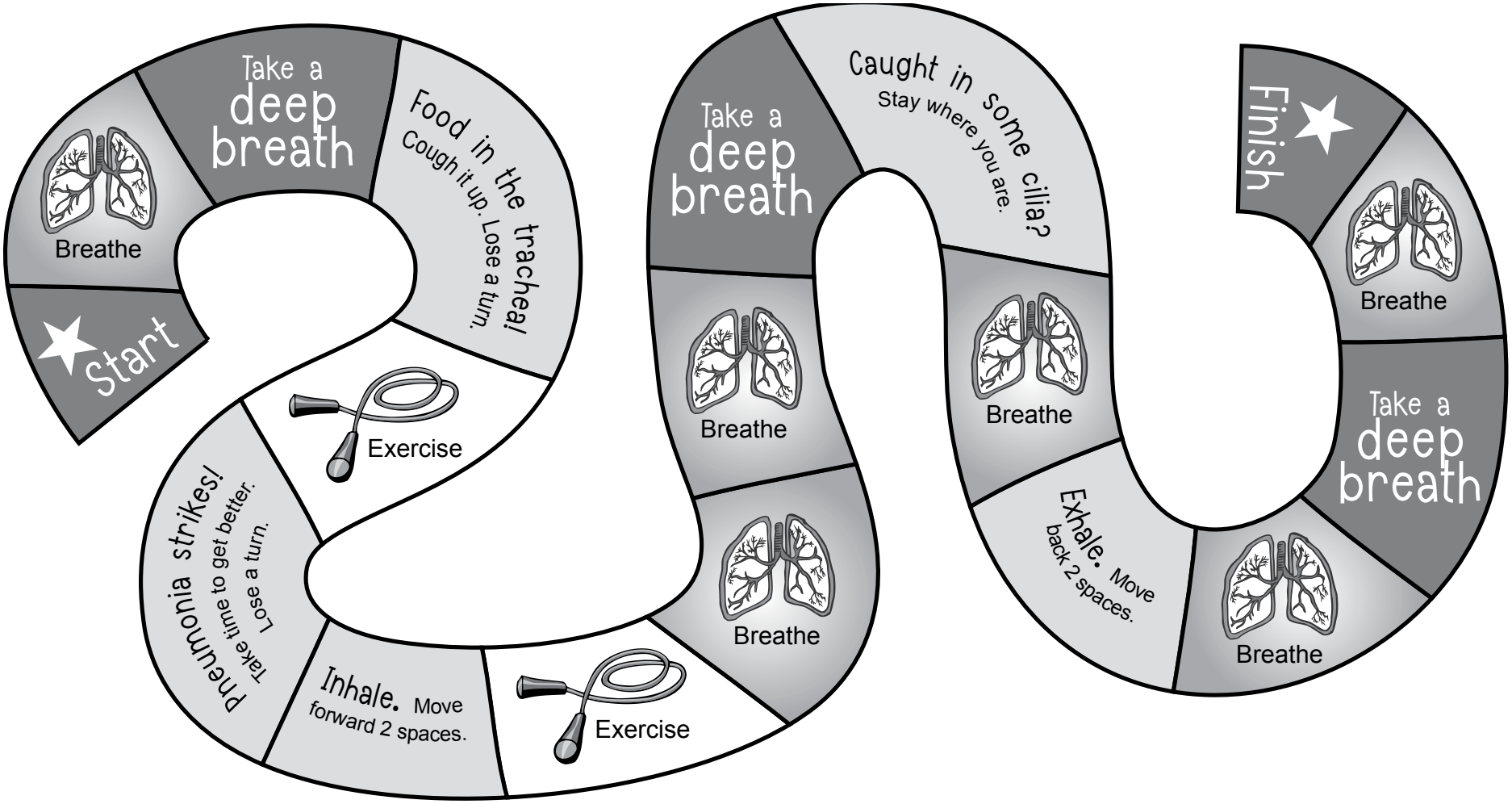
KidsHealth in the Classroom

Human Body Series

Respiratory System

Take a Breath! Game Board

Instructions: Roll the die and move that number of spaces, using a coin, paper clip, or other small item to mark your spot. Follow the directions on the game board. If you land on BREATHE: Pick a Breath Card. A correct answer moves you forward 1 space. If you land on TAKE A DEEP BREATH: Pick a Breath Card. A correct answer moves you forward 2 spaces. If you land on EXERCISE, good for you! You get to roll again! If you land on or roll past FINISH, you must answer a Breath Card correctly to win the game.



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